



Collie Services Directory for Families 2020

All services listed are free of charge unless otherwise indicated.

For more Information

Child and Parent Centre Collie Valley: 9734 3364

Activities for Children

Child and Parent Centre Collie Valley: Offers a range of services, parenting programs, playgroups and activities for families with children aged birth – 8 Years. 9734 3364

Community Playgroups: Free call playgroup WA hotline 1800 171 882.

Learning For Life: Programs to improve reading, numeracy, financial support through scholarship payments, links to learning opportunities in the community. Children in pre-primary and up could be considered eligible. The Smith Family. 9734 4260.

Kindy Links: Amaroo Primary School 9735 9400

Rhyme Time: Fun interactive rhymes for mums and their babies. Collie Library 9734 9042.

Sporty Tots: A sports-based activity for children 18 months to five years, with a focus on increasing children's strength and coordination. Fees apply. Call Roche Park Recreation Centre 9734 4388.

Story time: A story reading and craft for children. Collie Library 9734 9042.

Rhyme Time: Fun interactive rhymes for parents and their child/ children. Collie Library 9734 9042

Play Cafes: Morning sessions. Contact your local primary school for times and dates. Learn and play activities for local families with children aged 0-4 years.

Allanson Primary School: 9735 2800

Amaroo Primary School: 9735 9400

Fairview Primary School: 9735 2300

St Brigid's Primary School: 9734 1097

Wilson Park Primary School: 9735 9300

Child Care

Collie Early Education Inc: For children aged birth to 6 years. Fees apply. 9734 4200.

Kidz Cottage: For children aged 2 to 12 years. Fees apply. 9734 4331.

Jenni's House Family Day Care: 0409 021 778. Fees apply.

Disability Services

NDIS: 8am—5pm Monday to Friday.

Contact 1800 800 110.

My Time: Free support group for parents with children who have a disability. 9734 3364.

Wanslea: Partnered with NDIS to provide Early Childhood Early Intervention programs for children 0-7 years. 1300 969 645.

Child Health

Child Development Services:

The department of Health provides a range of child development services for children who experience developmental difficulties in areas such as coordination and movement (e.g. Crawling, walking, writing, and drawing), speech and language, social and emotional skills, attention and behaviour, play, learning and everyday tasks (eating and dressing). Child development team comprise of speech pathologists, physiotherapists, social workers, audiologists, dieticians, occupational therapists and paediatricians. Phone 9735 1450 to make an appointment.

Australian Breastfeeding Association:

Support network for Breastfeeding mums. Free-call 1800 686 268.

Local Breastfeeding support group: Call Child and Parent Centre on 9743 3364.

Health Direct: A 24 hour phone health advice line staffed by Registered Nurses to provide expert health advice. 1800 022 222.

Ngala: Phone support available, between 8am-8pm every day to assist with parenting issues of children aged 0-18 years. 1800 111 546.

Poisons Information Centre: Helpline available 24hours — 7days 13 11 26.

GP Down South: Parenting support, skills, connect with other parents, advice, building

supports, social groups, cooking classes, play skills etc. Home visits available. Parent support worker: 0438 260 957 (Donna).

Social work: Hospital social worker provides counselling and referral services to patients and their families and other residence of Collie. 9735 1450 or Child and Parent Centre on Tuesdays 9734 3364.

Community Child Health Nurse:

Appointments required. 1800 457 949 Provide parenting information, child growth, development, family needs, prevention of disease and injury.

Home visits available.

Immunisation: Child and Adult. Call 9735 1450.

Useful Resources

Child and Parent Centre Collie Valley: Family friendly services to support parents, and children in their early years. 9734 3364.

Collie Family Centre: Support for families and individuals. Programs, workshops and support groups available. 9734 5343.

Collie Public Library: 9734 9042 or Via Face Book.

South West Autism Network: 0499 819 038, or email info@swanautism.org.au

The Smith Family: 9734 4260 provide family support. For pre primary to year 6, year 6 to TAFE.

Parenting Support

Circle of Security
Eight week interactive course for parents and carers of children 0-5 years who want to support and strengthen parent-child relationships. 9734 3364.

Hippy Program:
Program for parents and their children aged 3-5 years to help prepare children for a confident start to school. 9721 6951.

It Takes Two To Talk:
6-8 training sessions for parents of young children 0-5 years to help their children learn language naturally throughout their day together. 9735 1450.

The Incredible Years:
Fourteen week parenting course for parents who want to enjoy parenting and create a strong bond with children in their care. Suited to parents of children aged 3-8 years. 9721 6951.

Positive Parenting Program:
Parenting tips and strategies for developing positive relationships, attitudes and conduct in children. 9734 3364.

Parenting Connection WA:
Provides individual support and group meetings for parenting programs for parents with children pre-birth to 18 years. Outreach to Collie. 9720 9223.

Family assistance

Accordwest Family Services Team:
Outreach to Collie. 9729 9000.

Alcohol and Drug Information Services:
1800 198 024.

South West Community Alcohol and Drug Service:
Services to any individual, or to family members, or community members, who may be affected by alcohol or other drug use. Outreach to Collie. 9721 9256.

Centrelink:
Online access at www.humanservices.gov.au, or onsite at Ngalang Boodja premises on Forrest St. 132 468.

Crisis Relief:
Food Vouchers supplied through Accordwest at Collie Community House. Fortnightly. 1800 115 799.

Department of Child Protection and Family Support:
9781 2900.

Family Helpline:
A confidential phone counselling and information service for families with relationship difficulties. 1800 643 000.

Financial counselling:
Anglicare WA offers free advice to anyone in financial crisis. 9734 6500.

Relationships Australia 4Families (Bunbury and Collie):
Information and referral service for people wanting to strengthen their family relationships 6164 0350.

GriefLine:
Counselling support service for individuals and families who are experiencing loss and grief. 1300 845 745.

Men's Domestic Violence Helpline:
Counselling for men who are concerned about becoming violent or abusive. 1800 000 599.

Women's Domestic Violence Helpline:
Support and counselling for women experiencing family and domestic violence. 1800 007 339.

Waratah:
A confidential and professional counselling service for people who have experienced sexual abuse/ assault or Domestic violence. 9791 2884 or 1800 017 303.

South West Woman's Refuge:
Crisis accommodation for women and children escaping domestic violence. Outreach support for children and women in the south west. 9791 2894.

Indigenous Services

Aboriginal Liaison Program:
Linking Aboriginal and Torres Strait Islander patients and the health service during their hospital journey, and assist with discharge planning and outpatient appointments. 9735 1452.

SW Aboriginal Medical Service:
Child and maternal health outreach service to Collie. 9726 6000.

GP Down South Aboriginal Health:
Aims to improve access to main stream health services for the local Aboriginal community. Includes advice and support, counselling services and transport for medical appointments. 9734 3581.

Ngalang Boodja:
Local community services and recourse centre. 9734 5097.

Stress and Mental Health Support Services

Counselling Service:
Local face to face to support for individuals and families experiencing difficult times.

Collie Family Centre.
9734 5343.

Doctors:
GP referral for Mental Health Plan for counselling.

Collie River Valley Medical Centre
9734 3364.

Collie Medical Group
9734 1233.

Family Carer Support Program:
Weekly support group operates from Collie Community House. Supporting families and carers of those affected by mental illness. 9791 1257.

4 Families:
Families mental health support service providing counselling and emotional support for families and carers with children from birth to 18 years. Based at Child and Parent

Centre, Collie. 6164 0500.

Kids help line:
free private and confidential phone or online counselling for young people 5-25 years. 1800 551 800.

Life line:
Connect people with care by providing services in suicide prevention, crisis support and mental health support. 13 11 14.

Rural Link:
Professional afterhours help for people who need support with depression, suicide, anxiety, drug use, alcohol abuse and other mental health concerns. 1800 552 002

SW Child and Adolescent Mental Health team:
Provides service for young people up to their eighteenth birthday who have moderate to severe mental illness and are experiencing substantial impairment to functioning. 9722 4300.

South West Community Legal Centre:
Free preliminary legal advice, information and mediation services targeted towards disadvantaged and vulnerable people across the south west region. 9791 3206.

Palmerston Residential Rehabilitation:
For people in the SW seeking to recover from alcohol and drug use in a safe and therapeutic environment. Also offers individual and/ or family therapy sessions and a support group for families who are impacted by methamphetamine and other drug and alcohol use. 0427 383 292.

Supported by:

